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LESSON 1

Forms of Energy

Directions: *Use your textbook to respond to each statement.*

1. Energy is the ability to cause change. Potential energy is energy that is stored; kinetic energy is the energy an object has while it is in motion.

Use the example of fireworks to describe how potential energy can change into energy in other forms.

2. There are several forms of potential energy, including gravitational potential energy, elastic potential energy, and chemical potential energy.

Give examples of these three forms of potential energy.

3. Work is the transfer of energy that occurs when a force is applied over a distance.

Describe the relationship between energy and work in your own words.

4. Energy comes in many forms, including mechanical, sound, thermal, electrical, radiant, and nuclear.

Choose one of the forms of energy listed above and give an example of how it works.